

2026

1:1 SUMMER EXECUTIVE FUNCTION COACHING

Focused on **building the skills** to overcome the challenges that made last year harder.

Here are **3 ways** families use coaching to make next year easier...

1

Have summer work that needs to get done?

For students with summer assignments, projects, or work to complete.

Coaching provides structure, accountability, and strategies so students stay on track and have the support they need.

Summer Coaching supports:

- ✓ Creating a realistic plan
- ✓ Breaking work into manageable steps
- ✓ Checking in weekly and adjusting as needed
- ✓ Identifying what's getting in the way (and how to fix it)

So work gets done, skills are built — and you're not the only one managing it.

2

Is your student struggling with tests or test prep?

For students who don't know how to prepare or study effectively — or whose tests don't reflect what they know.

Coaching provides strategies and practice, so students know how to prepare, study, and perform on tests.

Summer Coaching supports:

- ✓ How to prep for tests effectively
- ✓ Studying in ways that actually stick
- ✓ Managing time and pressure during tests
- ✓ Reducing anxiety, rushing and/or second-guessing

So students can show what they know, feel more confident, and approach tests with less stress.

3

Want your student to start the school year organized and ready?

For students who need a focused reset before school starts — to get organized, create a plan, and avoid last year's stress.

Coaching provides structure and guidance to set up systems before the first day — so everything is there from the start.

Summer Coaching supports:

- ✓ Setting up calendars and schedules
- ✓ Organizing physical and digital systems
- ✓ Breaking work into manageable steps to reduce overwhelm
- ✓ Creating systems for tracking assignments, tests, and communication

Coaching provides structure and guidance so systems are there from the start.

1:1 EF Summer Coaching is short-term, targeted support focused on what your student needs right now to make next year easier.

Coaching is fully personalized and can be paired with our Study Skills and Strategies Course to build a personalized system for learning.