FREE GROWTH MINDSET WORKSHOPS

FOR 4TH AND 5TH GRADERS

The StudyPro, an Executive Function and Study Skills Center in McLean, offers three unique workshops for 4th and 5th Graders to help them understand and begin to develop a growth mindset.

REGISTRATION OPENS ~ 30 DAYS PRIOR TO WORKSHOP DATE

Using Growth Mindset Strategies for Writing!

Sat, Oct 19th **1:30 - 3:00pm**

REGISTER HERE

No matter how much we want to maintain a Growth Mindset, writing can be tough! Whether it's getting started, knowing what to write about, planning, or being open to editing our work, writing can put anyone at the brink of giving up. During this workshop, we will explore different types of writing, practice ideas to get started when feeling stuck and learn how to look at editing in a more positive light.

Growth Mindset: Getting our Minds Set for Math!

Sat, Nov 16th **1:30 - 3:00pm**

REGISTER HERE

How many times have we heard "I'm just no good at math!"? The truth is that "being good" at math means honoring the process vs. pushing fast to get the answer. However, many students struggle with the four best practices that are goals for all mathematicians. During this workshop, we will focus on these best practices as well as teach strategies students can use to work through challenging problems and reduce anxiety when they get stuck.

https://thestudypro.com/workshops/

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