

HIGHEST SPEAK AND THE STUDYPRO PRESENT:

BECOMING A PUBLIC SPEAKING PRO

An Empowering **Public Speaking** Course for 5th – 7th Graders

We've all heard that public speaking is the [number one fear](#) for adults, yet the ability to speak publicly has benefits way beyond the smooth delivery of a PowerPoint after a group project.

Learning to become a confident public speaker helps students:

- Overcome fear
- Motivate and Inform
- Demonstrate knowledge
- Increase self-confidence
- Master the art of persuasion

The skills acquired through public speaking courses naturally provide a boost in all other areas of life, including academic, professional and personal. Thus students that take a public speaking course will find they are far better prepared for life than those who don't.

In this high-energy course, Sumedha A. Bahri J.D., Stand-Up Comic, and Founder of [Highest Speak!](#) and Amanda Ellis, middle school English and Writing Teacher, will lead students through five 2-hour sessions. Hour one of each session is the **HOW** and hour two will be the **DO** so each class will be a combination of learning and practicing what has been taught.

COURSE OVERVIEW / TOPICS:

1. **Introduction to Public Speaking:** Building confidence in chunks
2. **Storytelling:** Defining the elements of a good story
3. **Pitching and Persuading:** Becoming a strong persuader
4. **Formal Presentations:** Creating an effective presentation
5. **Prep, Practice and Present!** Putting it all into practice

COURSE OVERVIEW / DETAILS

CLASS 1: Introduction to Public Speaking: Building confidence in chunks

Let's get to know each other! Class 1 will center on building "small successes" from introducing new friends to learning how to make your presentations memorable. We will learn the "LIKE" method (Loudly, Interesting, Killing your "um's and ah's" and Eye contact).

CLASS 2: Storytelling: Defining the elements of a good story

The goal of storytelling is to be able to structure the "arc" of the story effectively. What's the beginning that will grab attention? How can the middle be the glue? What's an end that will tie it all together? Today we will craft a story about one of our experiences and work to create an emotional connection with the audience and a story that is memorable.

CLASS 3: Pitching and Persuasion: Becoming a strong persuader

Today we will learn the key elements of pitching and persuading and how to add creativity to the process. Students will pick a favorite topic (movie, sport, book, hobby) and pitch why it is the best thing EVER!

CLASS 4: Formal Presentations: Creating an effective presentation

We begin to work on our final presentations by learning the elements of a formal presentation. We will learn to use props and poster boards and also how to provide appropriate feedback for other presenters and also self-assess our own presentations.

CLASS 5: Prep, Practice and Present!: Putting it all into practice

Today is the day we bring it all together, putting the final touches on our presentations, answering questions where we are unclear and practicing one more time before our parents hear about our journey! Hour 2 parents are invited to see the presentations and celebrate our new-found confidence!

THE STUDYPRO

BECOME A PUBLIC SPEAKING PRO

Throughout the course, Instructors will share updates and videos of student presentations and progression with parents. An assessment of the student's skills will be provided to parents at the conclusion of the course.

THE DETAILS

Schedule, Cost and Class Size:

- **COST:** The 5-session course cost is **\$600.00**.
- **SIZE:** The class is limited to **10 students**.
- **DATES:** The workshop will be offered on the following **5 SUNDAYS** from **10:00am – 12:00am**:
 - 4/19
 - 4/26
 - 5/3 (skip 5/10 Mother's Day)
 - 5/17 (skip 5/24 Memorial Day)
 - 5/31 (parents attend last hour of class)
- **LOCATION:** The StudyPro study skills center:

6849 Old Dominion Dr. Suite 200
McLean, VA 22101
- **QUESTIONS?** 571-321-5800 OR info@thestudypro.com
- **LINK TO WEBSITE:** <https://thestudypro.com/workshops/>

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