

# THE STUDYPRO

## SPECIAL MOVIE SCREENING



EXPLORE THE **IMPACT OF SOCIAL MEDIA** ON OUR LIVES:

Friday, February 22, 2019: 7-9 p.m. and Saturday February 23, 2019: 1-3 p.m.

### ABOUT THE FILM:

Today we are more connected than ever, but is it helping us or hurting us?

This documentary explores the impact of social media on our lives and the true effects on each of us. The goal of the film is to inspire and help equip us to self-regulate. By understanding the effects of technology and social media on the brain, on our lives and on our civilization, we can learn how to navigate it more safely and effectively together.

**Post film Q&A** with [Dr. Adam Pletter](#), a psychologist in Bethesda, MD and national expert specializing in establishing a safe and healthy relationship with technology.

**Tickets \$10/per person.** Parents and children (10+) welcome.

**LOCATION:** The StudyPro Study Skills & Executive Function Center  
6849 Old Dominion Dr. Suite 220, McLean, VA 22101

**Questions?** [info@thstudypro.com](mailto:info@thstudypro.com)

**Purchase Tickets - <https://thstudypro.com/events-calendar/>**