

THE STUDYPRO PRESENTS

The StudyPro enjoys sharing knowledge on topics such as Executive Function, study skills, growth mindset and how to best support students with homework. We also provide Executive Function training workshops for parents and professionals.

For more information or to schedule a presentation, email info@TheStudyPro.com or call **571-321-5800**

SAMPLE PRESENTATIONS

PRESENTATION TITLE: **HOW TO ROCK SCHOOL: 5 KEY DISCIPLINES KIDS NEED TO SUCCEED**
PRESENTATION FOCUS: **PARENTS OF ELEMENTARY SCHOOL STUDENTS**

ABSTRACT:

Do you hear statements like *"I'm no good at math"*, *"Writing is hard"*, or *"I give up"*? Because school is a never-ending cycle of learning things we don't know, students will inevitably get stuck and need to persevere through material that is challenging.

A Growth Mindset is key to helping kids push through frustration, as are strong Executive Function Skills. In this presentation, The StudyPro will help define these key terms, and share 5 strategies that will provide a strong foundation for students to have more success (and less stress) at school.

PRESENTATION TITLE: **HELPING YOUR CHILD BUILD STUDY AND ORGANIZATIONAL SKILLS**
PRESENTATION FOCUS: **IDEAL FOR THOSE WANTING TO LEARN MORE ABOUT EXECUTIVE FUNCTION SKILLS AND STRATEGIES**

ABSTRACT:

In this presentation, we will share proven and straightforward techniques for building a growth mindset and Executive Function (EF) skills to help your child overcome their struggles with homework, and prepare them for middle school, high school and beyond. Information will include specific strategies you can use to bolster EF skills, help your child push through their frustration and encourage independence.

PRESENTATION TITLE: **MASTERING THE PROCESS OF SCHOOL: HELPING THE STUDENT WHO STRUGGLES WITH EXECUTIVE FUNCTION**
PRESENTATION FOCUS: **THIS PRESENTATION TAKES A DEEPER DIVE INTO SPECIFIC EXECUTIVE FUNCTION SKILLS AND HOW THE LACK OF THESE SKILLS CAN IMPACT SCHOOL PERFORMANCE.**

ABSTRACT:

Executive Functioning, such as managing time, organizing materials, planning and prioritization, and getting started and completing work, comprise the skills that are critical for student success. We have often labeled students who struggle with Executive Functioning as "the lazy kid," or we have written them off as lacking motivation. Today, we understand that these bright students may simply be lacking skills. Neuroscience now corroborates that learners develop their executive functioning skills at vastly different times in their academic careers. The continuum for brain maturation is natural and appropriate, but not forgiving to the student who has not internalized necessary skills to meet the demands of their school curriculum.

This presentation will describe what Executive Functioning is, why cultivating EF skills is at least as important as mastering content, and what parents can do to help students bolster EF skills until they develop naturally.

The StudyPro is a McLean-based study skills and homework center. Their program helps students build the key executive function skills required to plan, initiate, organize, time-manage and complete their work.
For more information, email info@TheStudyPro.com or visit TheStudyPro.com.

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