

THE STUDY PRO LUNCH AND LEARN

2018/2019 SPEAKER SERIES*

THURSDAY 9/27/18

11:45am to 1:45pm (please note extended format)

Britt Rathbone, MSSW, LCSW-C -- **'What Works with Teens'**

To Register: <https://bit.ly/2NcK4Mw>

THURSDAY 10/18/18

11:45am to 1:15pm

Lindsey Thoms, Assistive Technology Resource Teacher, FCPS,
& Director of Development and Operations, The StudyPro --
'What We all Need to Know About Executive Function'

FRIDAY 11/2/18

1:00pm - 3:00pm

Special Workshop/Panel on ACT/SAT Testing featuring:

Ned Johnson, President, PrepMatters

Phil Pine, President, Capital Educators

Alex Chip - President, Top Score Education

THURSDAY 11/8/18

11:45am to 1:45pm (please note extended format)

Dr. Adam Pletter -- **'Parenting in the Digital Age'**

FRIDAY 11/16/18

10:00am - 12:00pm

Special Workshop on Identifying and Reducing Anxiety Featuring:

Dr. Jonathan Dalton,

Founder of Center for Anxiety and Behavioral Change

***Registration will open ~ 1 month prior to each event date:
<https://thestudypro.com/events-calendar/>**

571-321-5800 | www.TheStudyPro.com
6849 Old Dominion Drive, Suite 200, McLean, VA 22101

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2018/2019 SPEAKER SERIES (cont'd)*

THURSDAY 12/6/18

11:45am to 1:15pm

Rachel Bailey, M.A., CPDPE -- 'How to Stay Calm When Your Kids Push Your Buttons'

THURSDAY 1/24/19

11:45am to 1:15pm

**Dr. Michelle Mullaley --
'Students & Stress: What's Going On and How Can Parents Help?'**

THURSDAY 2/21/19

11:45am to 1:15pm

**Jackie Woodside, CPC, LICSW -- 'Calming the Chaos:
A Soulful Guide to Managing Your Energy Rather than Your Time'**

THURSDAY 3/14/19

11:45am to 1:15pm

Dr. Melissa Sporn -- 'Launching Your Student to College'

THURSDAY 4/11/19

11:45am to 1:15pm

Dr. Catherine McCarthy - "The Latest Research on Teen Mental Health"

THURSDAY 5/16/19

11:45am to 1:15pm

Dr. Alicia Clark - "Hack Your Anxiety" + Book Signing

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